**“MOVE TO IMPROVE YOUR BODY AND MIND”**

**THE PROGRAMME OF THE 5th COMENIUS PROJECT MEETING IN ISTANBUL**

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| **Hour** | **12th April, 2014 - Saturday** |
| 16:00- 19:00 | Arrival of the groups |
| 19:30- 21:00 | Welcome Dinner at the guesthouse where you are going to stay. |
|  | **13th April, 2014 - Sunday** |
| 08:30 | Departure for a historical tour in Istanbul (Visit to the Topkapı Palace Museum, Istanbul Museum of History of Science and Technology in Islam)  |
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| 12:00- 13:30 | Free Time for Lunch  |
| 13:30- 17:00 | Go on the tour (The Blue Mosque, The Hagia Sophia Museum, The Yerebatan Cistern) |
| 17:00- 18:30 | Work Meeting at Sultanahmet Boutique Hotel if you prefer |
| 19:00- 23:30 | Turkish Night with dance, music and dinner on a boat at Bosphorus  |
|  | **14th April, 2014 - Monday** |
| 08:30 | Departure for the school |
| 09:00- 10:00 | Presentation of the dances at school |
| 10:00- 11:00  | A tour to know the school and visits to a few classes. |
| 11:00- 12:00 | Bruch at school |
| 12:00- 13:30 | Work meeting at school for the coordinators. |
| 13:30- 17:00 | A sightseeing tour in The Camlıca Hill |
| 17:00- 18:30 | Dinner with traditional Ottoman Food in the Camlıca Hill  |
| 19:00- 22:00 | Work Meeting at the guesthouse where you are going to stay. |
|  | **15th April, 2014 - Tuesday** |
| 08:00 | Departure for a sightseeing tour to the European Side of Istanbul (Dolmabahce Palace, Pier Loti Hill (by a cable car) for a coffee break, Byzantine Walls, Boat tour at Bosphorus, lunch, Covered Bazaar, Spice Bazaar )  |
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| 17:00- 19:00 | Work meeting if you prefer. |
| 19:00- 21:30 | Goodbye Dinner in Beykoz, at a restaurant with a view of Bosphorus & the Rumeli Fortress  |
|  | **16th April, 2014 - Wednesday** |
|  | Departure of the groups |

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